



## **ALLORAH'S INSIGHTS**

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"And there is cronos for human's linear time and kairos for God's time."

In the Greek language, there are two words to describe two very different expressions of time. The word "cronos" refers to the time we keep by the calendar and by the clock. Kairos is "god's time." According to Wikipedia, kairos "signifies a time in between, a moment of undetermined period of time in which something special happens. What the special something is depends on who is using the word. While cronos is quantitative, kairos has a qualitative nature."

In short when we say "it will come not in your timing but in god's timing," we are referring to kairos. To hear this as the answer to something we are working on can be maddening. However, if you can factor into the equation, this idea of kairos, with the understanding that god is timeless because spirit is infinite, we begin to realize that "it will come not in your timing but in god's timing," is truly a gift rather than a curse. A gift by virtue of the fact that from the perspective of the cosmos, anything worth doing is worth doing with our absolute intent and commitment; more to the point, everything is worth doing. The point of existence is simply to be. Therefore, because the Infinite is not bound by time or space, the kairos mindset is "it takes as long as it takes."

If we can allow ourselves to go for it (whatever "it" may be for us), we transcend our addiction to marking our progress from the perspective of cronos. As we are free of the cronos effect, we begin to see the grace and synchronicity that are abundantly around us. Synchronicity is what we experience when we are in the flow of kairos. Watch what becomes possible when our eye is not on the proverbial clock.

Namaste,  
Allorah